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[www.45elite.com](http://www.45elite.com)

### 1-on-1 Top Trainer Programs

*All Top Trainer Programs include a choice of Unlimited Fitness Classes or Unlimited Boxing Classes. Top Trainer clients can also bring a guest for just \$15 per visit. Six month agreement required.*

#### Flex

2 one hour personal training sessions per week	\$400 monthly (\$50 per session)
2 half hour personal training sessions per week	\$300 monthly (\$37.50 per session)

#### Max

4 one hour personal training sessions per week	\$620 monthly (\$38.75 per session)
4 half hour personal training sessions per week	\$420 monthly (\$26.25 per session)

### 1-on1 Prepaid Session Packs

#### One Hour

Single Session	\$65
10 Sessions	\$600

#### Half Hour

Single Session	\$45
10 sessions	\$400

### 1-on-1 Weekend Pass

Saturday & Sunday half hour personal training	\$180 monthly (3 month agreement)
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Private Group Sessions 60 min (parties of 3-6)	\$100
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Online Programming	\$150 monthly (4 month agreement)
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Consultation/Assessment	\$40
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### Fitness Classes

Fit Camp	\$10 drop in
Invite Only Class	\$10 drop in
Core Cardio	\$5 drop in

Fit Express  
 Unlimited Fitness Classes

\$5 drop in  
 \$60 monthly (4 month agreement)



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			9:30-10:30 Muay Thai All Levels		8:30-9:30a Justis Fit Camp	
						10:00-11:00a Invite Training
6:00-6:30p Kids Muay Thai (age 5-7)		5:00-6:30p Boxing Club All Levels	6:00-6:30p Beginner Kids Muay Thai (age 5-7)	5:30-6:30p Boxing Club All Levels	Noon-1:00p Open Boxing Sparring	
6:30-7:30p Intermediate Kids Muay Thai (age 8-13)	6:30-7:30p Kids Muay Thai (age 8-13)		6:30-7:30p Kids Muay Thai (age 8-13)			
6:30-7:00p Fit Express Class	7:30-8:30p Adult Muay Thai	6:30-7:00p Core Cardio	7:30-8:30p Adult Muay Thai			
7:30-8:30p Adult Muay Thai						

**Team Aguirre Martial Arts**

Month to Month  
 6 Month Agreement  
 12 Month Agreement  
 Start Up Fee  
 Drop in Rates

**Muay Thai Class Rates**

\$185 Monthly  
 \$150 Monthly  
 \$120 Monthly  
 \$100  
 \$15 for first visit \$25 each additional

*TAMA punch card and pay in full discounts available!*

**Cuerpo Boxing Club (ages 5-adult)**

**Boxing Club Rates**

Month to Month  
6 Month Agreement  
12 Month Agreement  
Start Up Fee  
Drop in Rates

\$150 Monthly  
\$120 Monthly  
\$100 Monthly  
\$75  
\$15 for first visit \$25 each additional